# **NITT:HT OUR TIME**

TRANSITION AGE YOUTH (TAY) INITIATIVE DC DEPARTMENT OF BEHAVIORAL HEALTH

Actualizing our mission to pave the road for at-risk youth to greater self-sufficienccy, and ultimately a reduced reliance on mental and behavioral health services.

#### LEARNING **OBJECTIVES**

- Bridging Gaps
  Elevated Engagement
- Youth Driven
- Strengths Focused



TAY Specialists Served

who were not previously connected to services

### **QUALITY OF LIFE**

After engaging with a TAY Specialists youth reported a higher Quality of Life



HANDLING DAILY LIFE

 $\frac{0}{0}$  feel as though they are handling daily life effectively



**OVERALL HEALTH** 

 $\sqrt{\phantom{a}}_0$  feel more capable of managing their health care needs



SCHOOL OR WORK

 $\sqrt{\phantom{a}}_0$  were enrolled in a program

#### **BUILDING A TAY SYSTEM OF CARE COLLABORATION & OUTREACH**

 $\frac{0}{0}$  of TAY decided their own treatment goals

TAY participated in enrichment activities

youth development leads employed by DBH

outreach events increased awareness of mental health in the community

- Community Partnerships include
  - ° Cultivate the City: community garden project
  - ° Bike shop internships & employment
  - SmartTrip program
  - ° Entrepreneurship support from local business leaders
- Creation of TAY divisions within agencies
- Staff & Young Adult Leads presented on TAY behavioral health at 1 national and 2 local conferences
- Family treatment team models implemented

#### **CONNECTED SERVICES**

- Assertive Community Treatment (ACT)
- Substance Abuse Treatment
- Community Support Program (CSP)
- Transition to Independence Process (TIP)
- Supported Employment and Education
- First Episode Psychosis (FEP)
- Homeless/Unstable Housing

#### **EDUCATION**



outreach efforts to local middle, high and alternative schools



Printed campaign messaging distributed in schools



Services delivered on site at schools as needed



Conducted outreach effort at 3 local colleges



Educated the community and completed outreach at 45 community events



Hosted 2 TAY Recognition Galas designed to showcase the success of TAY with Behavioral Health needs

## **PARTNER SERVICES**

Core services

Referrals and engaged young

Transitional housing adults

Youth Council

**Engagement through Community Based Organizations** 

Over 1500 Direct referrals to MHRS services



- Trauma-informed care approach
- Culturally competent and culturally informed services
- Connecting youth to supports for economic independence
- Engaging and providing services for young adults who are not clinically diagnose
- · Early identification of mental health needs and connection to preventative supports for both youth and families



